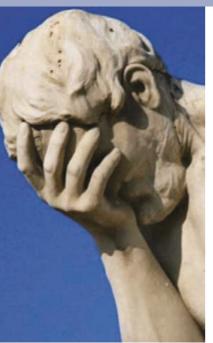
Working with Shame in Psychotherapy and in Psychological Assessment

with presenter Stephen E. Finn, Ph.D.







Society for Personality Assessment

Shame is recognized as one of the most important and frequent client experiences in psychotherapy and psychological assessment, yet few mental health professionals receive direct training in how to help their clients with shame.

In this 2-day intensive workshop, Dr. Finn will review contemporary research about shame, outline a theory based in interpersonal neurobiology, and discuss implications for applied clinical work. He will show videotapes working with clients around shame, and will teach a number of specific, effective interventions that can help clients heal shame. At various points during the workshop, participants will work in small groups doing role plays of these shame interventions, but at no point will participants' personal issues be directly exposed. Finally, Dr. Finn will discuss shame in clinicians, and how it both limits our effectiveness and gives us empathy for our clients.

May 10 & 11, 2019

16th floor conference room, 2550 Denali Street Anchorage, Alaska 99508

At the end of the workshop, participants will be able to:

- Describe contemporary psycho-biological theories of shame & recent research about shame
- List and recognize signs of shame in themselves and in their clients
- Utilize three specific interventions that can help clients heal from shame
- List the most common coping mechanisms against shame
- Identify and be aware of their personal shame

To register, go to https://memberleap.com/members/calendar6c_responsive.php?org_id=TAI Questions? call 512-329-5090, ext 2

Schedule

8:15-9:00

9:00-9:30

9:30-10:30

10:30-10:45

10.45-11:30

11:30-12:30

12:30-1:30

1:30-2:30

2:30-2:45

2:45-3:00

3:00-4:00

4:00-5:00

11:30-12:15

12:15-12:30

12:30-1:30

1:00-1:30

Friday, May 10, 2019

Registration

Shame self-assessment

Lecture: Contemporary theories and

research on shame Break and coffee

Theories of shame (continued)

Specific interventions around shame I (video examples)

Lunch – Presentation by Julie

Cradock O'Leary on the Thurston-Cradock Test of Shame (TCTS)

Role plays in pairs & demonstration

Large group discussion Break

Specific Interventions around shame II (video examples) Large group shame healing exercise

5:00-5:30 Discussion

Saturday, May 11, 2019

9:00-9:15

Large group discussion Role plays in pairs (intervention II)

9:15-9:45 9:45-10:15 Role play demonstration

10:15-10:30 Large group discussion 10:30-10:45 Break 11:00-11:30 Specific interventions around shame

III (video examples)

Role plays in pairs & demonstration Large group discussion

Lunch (on your own) Recognizing coping mechanisms

against shame (lecture) 1:30-2:15 Large group exercise: The Compass

of Shame

2:15-2:30 Large group discussion

2:30-3:00 Working with coping mechanisms

against shame (lecture) 3:00-3:15 Break

3:15-4:00 An aggressive client (video example) 4:00-4:30

A self-defeating client (video example)

4:30-5:00 Large group discussion

5:00-5:30 Closing case: Shame in a family

Stephen E. Finn

Stephen E. Finn, Ph.D., founder of the Center for Therapeutic Assessment, is a

in Austin, TX, a Clinical Associate Professor of Psychology at the University of Texas at Austin, Senior Researcher and Director of Training at the European Center for Therapeutic Assessment at Catholic University of Milan, Italy, &

licensed clinical psychologist in practice

Director of Training at the Asian-Pacific Center for Therapeutic Assessment in Tokyo, Japan. He has published 60+ articles and chapters on psychological assessment, psychotherapy, and other

topics in clinical psychology, and is the author of multiple books, including In Our Clients' Shoes: Theory and Techniques of Therapeutic Assessment. In 2011 Dr. Finn was awarded the Bruno Klopfer Award from the Society of Personality Assessment for distinguished lifetime contributions to the field of personality assessment. In September 2016, the American Psychological Association published a DVD with Dr. Finn working

with a client as part of the APA

Psychotherapy Video Series. In 2017 he received an award from Section IX (Assessment) of the Society for Clinical Psychology (Division 12 of APA) for Distinguished Scientific Contributions to Assessment Psychology. In 2018, Dr. Finn was given the Carl Rogers Award for Distinguished Contributions to the Theory and Practice of Humanistic Psychology from the Society for Humanistic Psychology (Division 32 of APA).

\$500*

\$ 15

\$ 12

Boxed lunch on Friday *10% off for Therapeutic Assessment Institute members The fee includes detailed handouts, bibliography, & time-limited access to a free online shame library that participants can read or download for their own use.

15 hours of APA-approved continuing education

Early registration (before 2/28)

Regular registration

This workshop qualifies for 15 hours of Type I CE credits for psychologists. The Society for Personality Assessment is approved by the American Psychological Association to sponsor

continuing education for psychologists. SPA maintains responsibility for the program and its content.