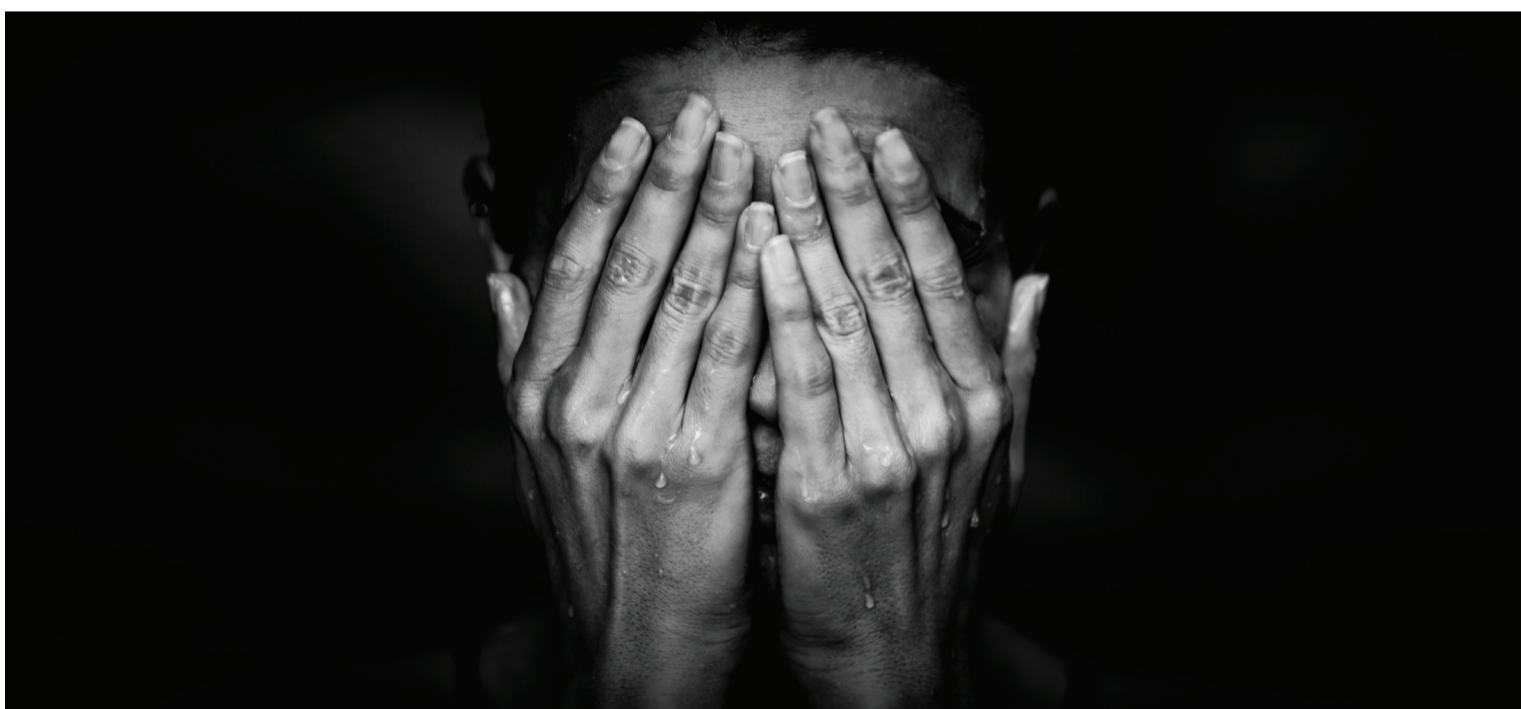


Am I to Blame Or Are You? Working with Shame and Coping Mechanisms Against Shame in Psychotherapy and Psychological Assessment

Stephen E. Finn e Camillo Caputo

Thursday, November 29 - Saturday, December 1, 2018

Via Nirone, 15 - Milan



Shame is one of the most important and frequent client experiences in psychotherapy and psychological assessment. In this 3-day intensive workshop, Stephen E. Finn and Camillo Caputo will review contemporary research about shame, outline a theory based in interpersonal neurobiology, and present a schema for identifying and understanding coping mechanisms against shame. Using videotapes and role plays, Finn and Caputo will teach a number of specific, effective interventions that can help clients heal shame. They will also focus on working with clients who defend strongly against shame in order to help them face their underlying painful feelings about themselves.

This workshop is open to mental health professionals, psychiatrists, psychologists, psychotherapists, and graduate students. **It will be presented in English and Italian with simultaneous translation.**

For more information please visit the website asag.unicatt.it or contact: segreteria.ceat@unicatt.it
